

HARMONY

KOLKATA SANVED | APRIL 2023 TO MARCH 2024







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ABOUT KOLKATA SANVED

Kolkata Sanved (KS) is a women-led organization, working towards psycho-social rehabilitation of survivors of marginalization and gender-based violence. The organization is a pioneer in the field of using Dance Movement Therapy (DMT) in the social development sector in India.

Kolkata Sanved contributes to four Sustainable Development Goals (SDGs):



SDG 3
Good Health
and Well-being



SDG 4
Quality
Education



SDG 5
Gender Equality



SDG 17
Partnerships
for the Goals

We dream of a healthy, violence-free, gender-equal, creative society of empowered individuals. The goal of the organisation is to work for well-being & psycho-social rehabilitation, prevention of poor mental health & violence and promotion of mental well-being through a 'survivors to leaders' approach. It is relevant to note here that 70 percent of KS's core staff are from under-served communities and have a prominent presence on the board and the senior leadership team.

KS works for empowerment of marginalized individuals - including children, adolescents, youth and women in shelter homes, care institutions and under-served communities. KS has developed an adaptive, replicable, culturally contextualised and evidence-based experiential learning model **Sampoornata** (meaning fulfillment) through its Dance Movement Therapy Academic programme both in formal and non-formal education



settings for youth. At present, the organization is aiming to set up a Centre of Excellence (COE) which will be a centre for creative well-being and social change.

Since 2004, KS has collaborated with over 60 government and non-government organizations across South Asia, reaching more than 65,000 children, youth and women survivors of gender-based violence and marginalization. KS's flagship programmes **DMT for Mental Health and Well-being**

and Training of Trainers have expanded to 7 states in India and connected with 200,000+ individuals from civil society. Through these programmes, over 519 individuals have grown and transformed themselves into DMT practitioners and change-makers over the past two decades, many of them being from vulnerable communities. KS works in collaboration with government departments, NGOs, civil society organizations and academic institutions in order to create change.



DIRECTOR'S NOTE



"The highest education is that which does not merely give us information but makes our life in harmony with all existence"

Rabindranath Tagore

Dear Friends,

As we reflect this year with impact, growth, and transformation at Kolkata Sanved, it is both humbling and inspiring to witness how the power of Dance Movement Therapy (DMT) continues to heal, empower, and bring about well-being. This year, we deepened our commitment to psycho-social rehabilitation, prevention of gender based violence and extended our reach to diverse and under-served populations across India.

We are entering the 19th year of Kolkata Sanved's journey, stepping into our 20th year with a renewed focus on reflecting on our processes and envisioning the next decade.

This year has brought significant milestones, including the publication of the international textbook *Dance Movement Therapy and Psycho-Social Rehabilitation: The Sampoonata Model* published by Routledge, Taylor and Francis Group, which establishes our

model as a foundation in the global discourse on DMT. Additionally, Kolkata Sanved published a journey document 'Jingle All the Way', on the pedagogy building of Kolkata Sanved's Dance Movement Therapy Leadership Development Academy (DMTLDA) based on the Sampoonata Model.

Over the year, we touched the lives of over 3,050 individuals across eight states, launched new initiatives like "Move to Feel, Dance to Heal," and laid the foundation for the Kolkata Sanved Dream Project—a Centre for Creative Well-being and Social Change. We started a pilot curriculum on Positive Masculinity, and strengthened our Training of Trainers programs. Our partnerships with academic institutions, government bodies, and civil society organizations highlight the importance of collective action and shared purpose.

These achievements are more than numbers—they represent stories of resilience, determination, vulnerability, courage, and transformation, reminding us of the immense potential of individuals when nurtured in therapeutic, creative and collaborative spaces.

None of this would have been possible without the dedication of our team, our participants, and the support of our partners and well-wishers. Together, we are building a healthier, violence-free, gender-equal world—one step, one story, one dance at a time.

As we look ahead, I invite you to join us in this movement of transformation. Let us continue to move towards a future of hope, healing, and social change.

With solidarity, strength and hope.

Dr. Sohini Chakraborty

Founder and Director,
Kolkata Sanved

HIGHLIGHTS OF THE YEAR 2023 – 2024



✦ **Touching lives:** 3050 individuals reached directly through Kolkata Sanved programs across 8 states in India

✦ **On-going programs:** Currently, Kolkata Sanved is running 10 programs pan India

✦ **New partnerships:** The organization has established partnerships with 9 organizations over the last 1 year

✦ **Working with new population groups:** Kolkata Sanved has gained experiential learning while facilitating sessions with diverse population groups which include de-notified tribes, children who

are especially-abled and children coming from tribal communities

✦ **Youth leadership in the community** – 14 youth leaders from Mandirbazar block, 24 Parganas South, (West Bengal) who underwent training on DMT, have started facilitating DMT based well-being sessions independently in their communities

✦ **Prevention program initiated with school educators:** Through its school sensitization program, Kolkata Sanved was able to reach out to 121 school teachers at 8 local schools in the district of South 24 Parganas through its Sampoomata Well-Being Club

program, generating awareness on the effectiveness of DMT to build resilience against gender-based violence

✦ **Initiation of Kolkata Sanved's dream project:** During this year, Kolkata Sanved took the first step towards the establishment of the Centre for Creative Well-Being and Social Change, it's dream project, in Kolkata. The journey has begun with the identification of the space and KS is proceeding towards building the infrastructure

✦ **Launched Move to Feel, Dance to Heal,** a program offering personalized support through Dance Movement Therapy to nurture

mental health and well-being for general population by releasing stress, re-connection with body and mind and thus promoting self-care 35 participants got enrolled in the program and accessed sessions every Wednesday and Thursday at Kolkata Sarved.

✦ **New curriculum developed:** This year, Kolkata Sarved also developed the first draft of its curriculum on Positive Masculinity, which is specially designed for youth and men to encourage them to challenge traditional gender roles

and expectations. The curriculum promotes a form of positive masculinity that values empathy, communication and mutual respect. It focuses on creating safe spaces and support systems for individuals facing gender-based discrimination or harassment. It aims to prevent these issues while ensuring a safe environment for all.

✦ **Advocating model Sampoornata through global presentation:** Dr. Sohini Chakraborty, the Founder Director

of Kolkata Sarved documented the transformative power of DMT in her book named **Dance Movement Therapy and Psycho-Social Rehabilitation: The Sampoornata Model**. Dr. Chakraborty was invited to share her work at some notable academic institutions, viz. Jawaharlal Nehru University (JNU) - School of Arts and Aesthetics, UCLA's Department of World Arts and Cultures/Dance, University of Michigan, (Department of Dance), Brigham Young University (BYU) and Drexel University.





STORIES
OF
CHANGE!



Story 1: Nita's Story

"Life is just a roller-coaster, I just wanted to hold on a little bit but found myself slipping. However, the sessions reminded me to use and channelize my strength to fight back from the worst days of my life."

--Nita, Murshidabad, West Bengal

Nita's family situation was complex. Living in Murshidabad (West Bengal), she and her brother were deserted by their biological mother and were being brought up by their father, a factory worker. Her grandmother was a commercial sex worker in the local red-light area. The situation of the children had made them prone to child rights violations.

Nita got involved in DMT sessions with Kolkata Sanved, which had tied up with a local partner organization. A powerful tool for emotional healing and self-improvement, DMT helped Nita to express her emotions through movement. By embodying

her feelings, she was able to release tension, process trauma and connect with her inner self. The physical aspect of DMT allowed Nita to bypass verbal barriers and to communicate non-verbally, which was immensely helpful to her. As her course progressed, she transitioned to becoming an assistant DMT practitioner, gaining a sense of purpose and agency in life.

Unfortunately, Nita ran into trouble on more than one occasion. She got involved in a relationship with an underage boy but was rescued and placed in protective custody. On another occasion, financial burdens

on her family led to electricity being cut off in their home. Kolkata Sanved intervened, paying the bills for both electricity and groceries at the time and continued with this support for 3 months. Since the director of the local partner organization was also the Child Welfare Committee (CWC) chairperson in Murshidabad, she applied to the CWC for a sponsorship for Nita through the District Child Protection Unit. The proposal got approved and Nita's requirements are now being supported by the CWC. With this support and the healing effects of DMT, Nita has come far.



Story 2: Rima's Story

Story of Rima Naskar: A Journey of Hope, Courage and Transformation

Rima Naskar (name changed), an adolescent girl from Tetiberiya Village in Mandirbazar Block, (West Bengal), embarked on a life-changing journey through DMT. Her story is one of resilience, courage, and self-discovery—a story that has redefined her life and inspired many others in her community.

In 2020, just after her higher secondary exams, Rima joined DMT sessions being conducted by Kolkata Sanved in her locality. At the time, her life was fraught with challenges. She lived with her maternal family, which included her parents, younger brother, and grandmother. Fights between her parents were frequent. Her grandmother was her strongest

pillar and encouraged her greatly. Dance Movement Therapy provided Rima with an outlet for her inner tensions and became a huge source of strength and joy for her. The new-found confidence instilled in her led Rima to make some major decisions, the most significant of them being that she would make herself emotionally and financially independent before getting married. In a society where the pressure on young girls to marry is immense, this was a highly significant and brave move, made possible by the courage and confidence Rima developed, through her association with DMT.

In 2023, Rima decided to marry according to her own choice. She credits DMT for teaching her how to communicate openly and to assert herself in her marriage and in life in general, commanding respect from others. She continued with DMT even after encountering a sudden illness. Whereas she had earlier aspired to become a makeup and styling artist, she now aspires to becoming a DMT facilitator using the skills she has acquired to help others. She has also decided to continue and complete her graduation in Education Honors. Presently she is in her third semester.

¹All names have been changed in accordance with confidentiality and safeguarding policy.



Story 3: Noori's Story

"I am blessed to have joined the DMTLDA. It gives me the inner power to create a safe space for myself that will help me in the long run. Now I have a group with me to help me and to share my thoughts with."

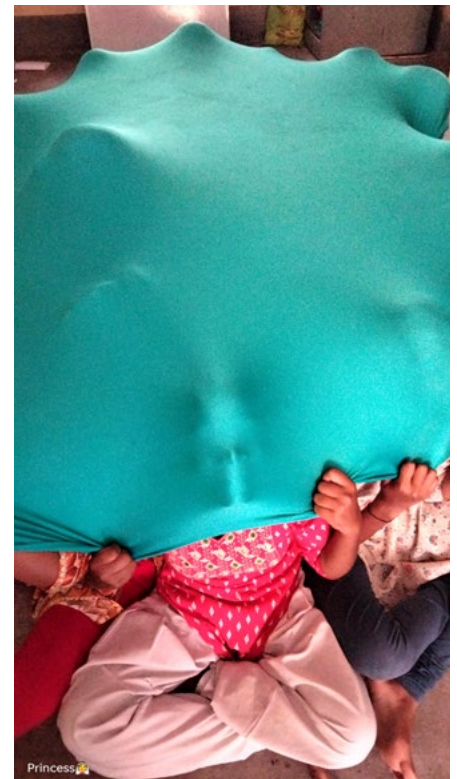
Noori (name changed), a 24-year-old woman from Bauria, Howrah, faced numerous challenges growing up in a socioeconomically marginalized family. The sole breadwinner of the broken home was her elder brother, who worked as an embroidery and zari worker. Due to constant illness on her mother's part, Noori had to manage household chores and care for her family as well. Her circumstances left her timid, shy and lacking in confidence.

Noori's initial introduction to the **Sexual and Reproductive Health**

and Rights (SRHR) sessions through Dance Movement Therapy was marked by significant movement inhibitions and a fear of making friends. Her low self-esteem further compounded her difficulties in social interactions.

Noori's life took a transformative turn when she joined the **Dance Movement Therapeutic Leadership Development Academy (DMTLDA)**. Through this she began to explore her body, gradually overcoming her inhibitions and discovering her strengths. As part of the DMTLDA program, Noori was introduced

to the English language, starting with small words. Over time, her communication skills improved significantly. The program also facilitated the development of new friendships, which played a crucial role in enhancing her social skills. Noori now has a supportive circle of friends, providing her with a safe space to share her thoughts and feelings. Her journey from a timid, shy individual to a confident young woman is a testament to the power of DMT.



Story 4: Shamvaba's Story

"I have realized my own potential through Dance Movement Therapy."

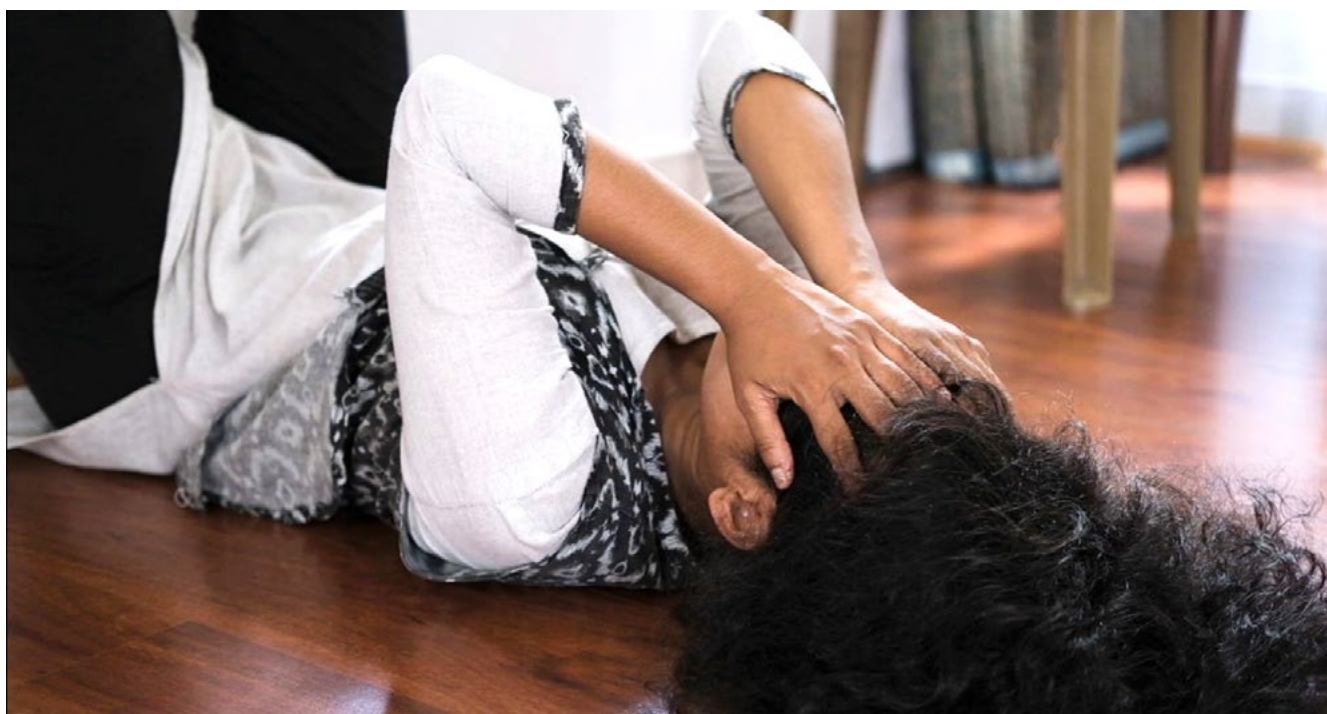
Shamvaba Jagga (name changed) has been in the field of education for nine years, through which she has passionately worked with children as a part of a non-governmental organization. Engaging in numerous educational training sessions and workshops, Shamvaba currently serves at an educational centre in Sawai Madhopur district (Rajasthan), focusing on imparting life skills and experimental science to students.

Two years ago, Shambhava discovered Dance Movement Therapy and its transformative powers when she enrolled in a course with Kolkata Sarved. She initially believed that the course would be simple dance lessons, but discovered during her first session, that there was much more

to DMT than that. She was initially nervous and greatly inhibited in her movements. However, as she continued with the sessions, she discovered a whole new side to herself. Extremely low on confidence, Shambhava used to stammer a great deal and even found it difficult to make eye contact with others. But DMT changed all that. She picked up a world of confidence and belief in herself which have been quite life-changing.

Shambhava has not only incorporated DMT into her professional life at the school but has also seamlessly integrated it into her personal life. She now actively practices DMT with children in the rural communities. Whether through

an opening ritual in assemblies, incorporating it into sports activities, infusing life skill classes with its essence, or making language classes more engaging, Shamvaba has embraced DMT as a versatile tool for positive change.



Story 5: Varun's Story

"Prior to DMT, I struggled with stress, worries about my students' education, and difficulties in understanding non-verbal communication but DMT took me through a transformative journey of self-discovery":

Varun Kumar Sharma

Varun Kumar (name changed), a teacher and social worker has dedicated 11 years of his life to rural education in Sawai Madhopur (Rajasthan). He began his career as a primary school teacher and progressed to roles such as science

coordinator and assistant incharge at Uday Samudayik Pathshala. His journey has involved numerous workshops aimed at enhancing educational quality across various subjects, including English, Hindi, Mathematics, and Science.

In June 2021, during the challenges of the lockdown, he discovered Dance Movement Therapy online, through the guidance of experienced facilitators at Kolkata Sanved. This marked a transformative chapter in his life.

"The DMT workshops provided a safe space for self-reflection and creative expression for me. Through warm-up activities and guided sessions, I learned to release stress, communicate effectively and embrace joy within myself. Initially hesitant to express myself through dance, I soon recognized its therapeutic value, using it as a tool for self-discovery and connection"

Today, Varun expresses his gratitude towards Kolkata Sanved for introducing him to DMT. He believes DMT has not only fostered personal

growth but has also enhanced his ability to interact with children, enabling him to communicate more deeply and effectively. "DMT

has become integral to my journey, enriching both my personal and professional life," he says.



Story 6: Sadia's Story

From Tea Shop Owner to Canteen Entrepreneur: Sadia's Remarkable Journey

"I never thought that I would be able to use my name in my own small business but when I see my name on those billing receipts, I feel that I can do more for myself. It's not all about earning money; it's about the respect I get from my locality being a small home maker of my village."

--- Sadia Bibi, Bhagwangola - I Murshidaba

Sadia, a 31 year old resilient woman living in a small village in Bhagwangola-I, Murshidabad, ran a modest tea shop that barely earned her Rs. 1500 per month. She also assisted her husband in farming, putting in extensive work in the fields.

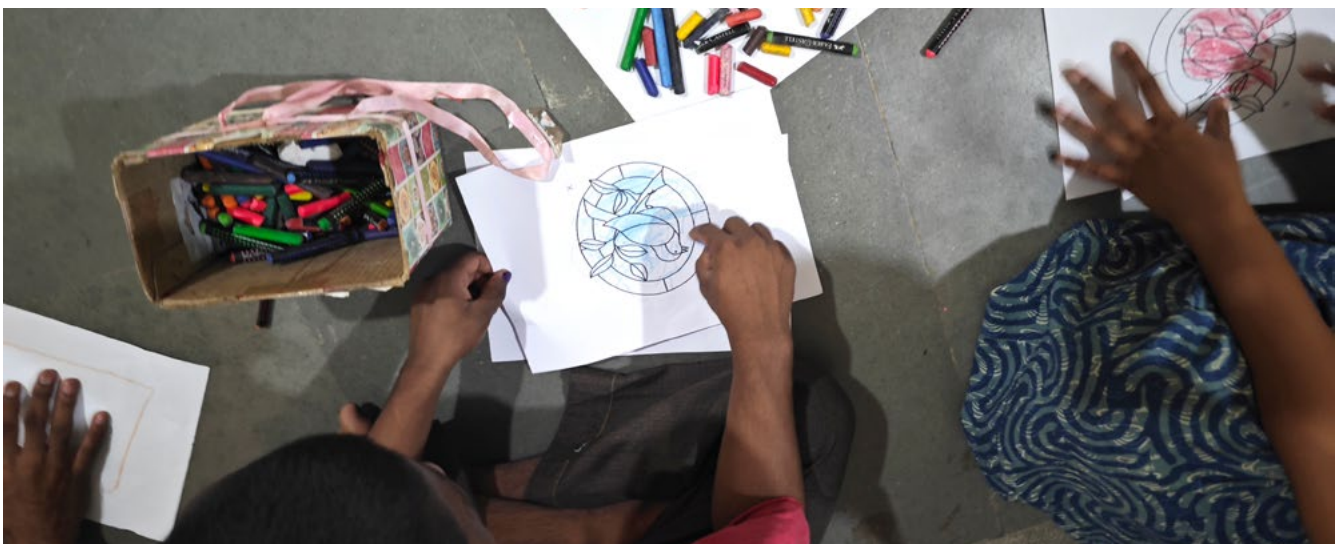
Her life took an unexpected turn when social workers and representatives from an organization visited her local area. Their mission was to find a food vendor who could provide meals for local participants of DMT sessions which were to be held there. They saw potential in Sadia and convinced her to step up and arrange food for the community.

Sadia faced several challenges. There were limitations related to bills and compliance, but with the help of the social workers she registered herself in the trade license segment and established her own canteen. This marked the beginning of her transformation. Sadia's small canteen became the heart of the community as she cooked up meals for the participants attending DMT sessions in the local area. Her dedication paid off, and her monthly earnings soared to over Rs. 6000. Other organizations soon pre-booked orders for their events with her, recognizing the quality of her food and the warmth of her service.

With her newfound success, Sadia renovated her house and transformed her tea stall into a multipurpose space which has become a hub for nourishment, conversation and community bonding.

Her journey has inspired other local women. She encourages them to participate in the DMT sessions, emphasizing that change is possible even for those with humble beginnings. Her infectious smile and humility touches everyone who crosses her path.

Sadia's story is a testament to resilience, determination and the power of community support.



Story 7: Snanya's Story

Harmonizing Steps: A Journey of Healing Through Dance Movement Therapy

Snanya (name changed), a 25-year-old homemaker from South Jambuni, Birbhum, (West Bengal), spent her days tending to her family and modest home and assisting her husband in farming. Snanya heard about DMT sessions being conducted in her locality,

but living in a society where dance was looked upon askance and where a woman's role was seen primarily as a homemaker, she faced resistance when she expressed a desire to join the course. However, Snanya did manage to overcome this and joined the DMT sessions

conducted by Kolkata Sarved in a small community center close to home. The experience was life-changing for her bringing her energy and happiness which she did not even know she was capable of and opening up a new world of confidence within herself.



KOLKATA SANVED PROGRAMS

I. PSYCHO-SOCIAL INTERVENTIONS



Healing & Wellbeing (PAN India)

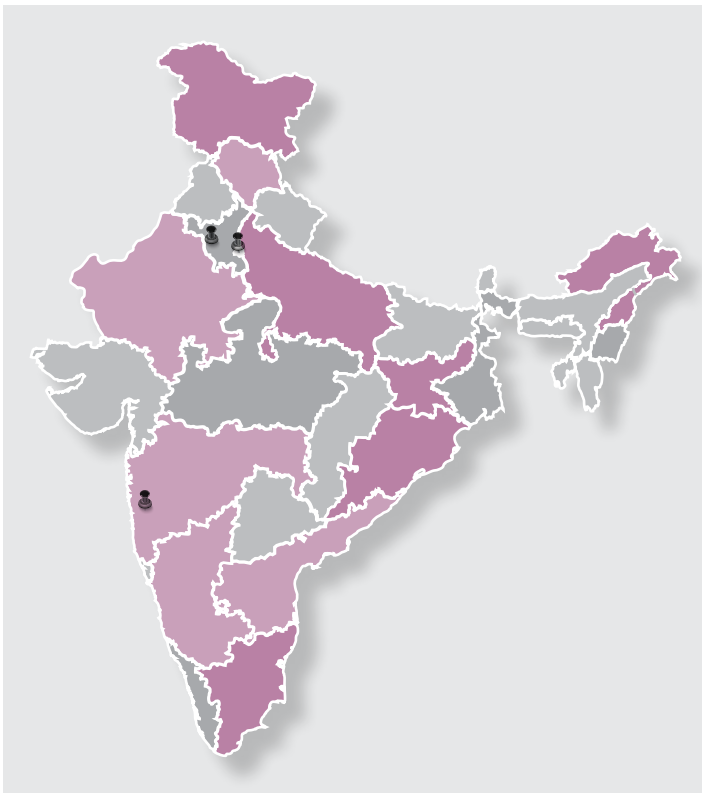
Program Overview: The **Healing and Well-being Program** by Kolkata Sanved (PAN INDIA) aims to create a safe space for participants, fostering collective care and personal growth. Through a continuous journey, participants are supported in self-empowerment and the development of leadership skills. The primary focus areas for adolescents and youth in Kolkata Sanved's **Healing & Well-being Program** are body

awareness, collective care, emotional resilience, stress management, leadership development, enhanced focus and trust-building.

In addition, Kolkata Sanved conducts Healing & Well-Being sessions in the Bhiwandi red-light area of Mumbai. The sessions aim to provide a safe space for relaxation, facilitate the healing process and equip participants with self-care tools and

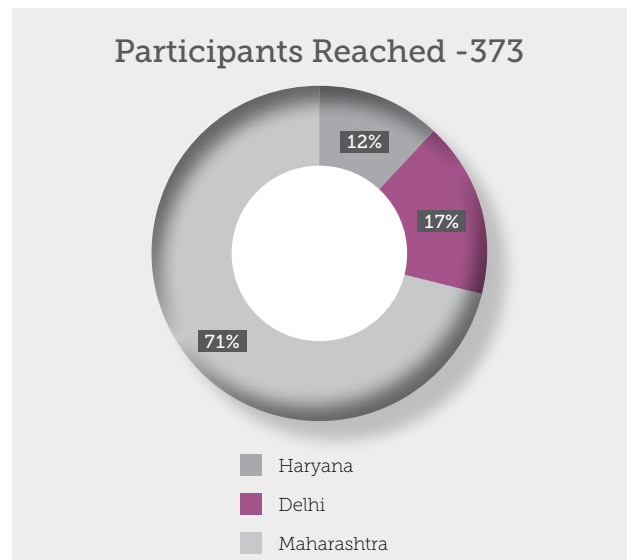
stress-relief techniques that they can integrate into their daily lives.

From 2023 to 2024, Kolkata Sanved has partnered with three community-based organizations across Delhi, Haryana, and Mumbai and one government run child care institution in Mumbai engaging participants from diverse age groups, including adolescents, youth and adults.



Reach of the Program:

Target Group	Direct Reach	State	Location
Adolescents	373	Maharashtra	Mumbai
Youth		Haryana	Faridabad
Adults		Delhi	Delhi



Impact of the Program:

• 62 adolescent participants from urban slums (34 girls & 28 boys) of Tughlakabad & Delhi and 11 participants from Faridabad got motivated and started participating in DMT sessions

• As per request from the partner organization, a program plan for participants with special needs, who were identified during the DMT session facilitated by Kolkata Sanved practitioners, was designed. For Kolkata Sanved, this was the first initiative to customize and design a session plan to suit the needs of

specialy-abled participants with the support of an external expert.

• The care-givers sessions with 19 care-givers at 3 locations helped Kolkata Sanved greatly in bridging positive relations between care-givers and adolescent groups in terms of mobilizing and understanding each other. This is particularly significant for us, as care-givers are an integral part of any organization, and them acquiring skills on self-care techniques and the basics of DMT facilitation makes them a key

resource in the long run, due to which the organization can sustain the process independently. Through this endeavor, KS attempts to build capacities of its partner organization workforce in terms of DMT implementation.

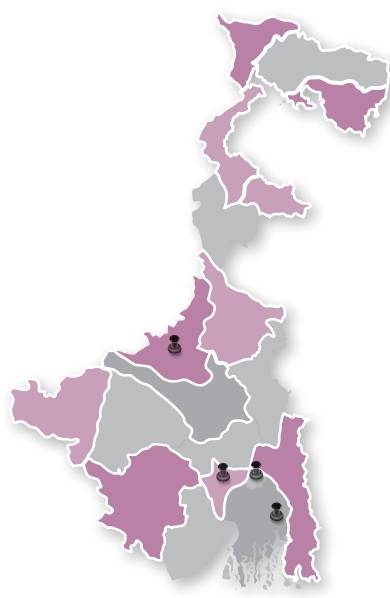
• Adolescent girls who have been undergoing the DMT process for the last 2 years have started assisting KS DMT practitioners and we perceive them as having the potential to become future movement practitioners in partner organizations.

Healing & Well-Being (West Bengal)

Program Overview: The **Healing & Well-Being** program included regular Dance Movement Therapy (DMT) sessions designed to enhance participants' overall well-being. These sessions provided a space for participants, many of whom had experienced trauma

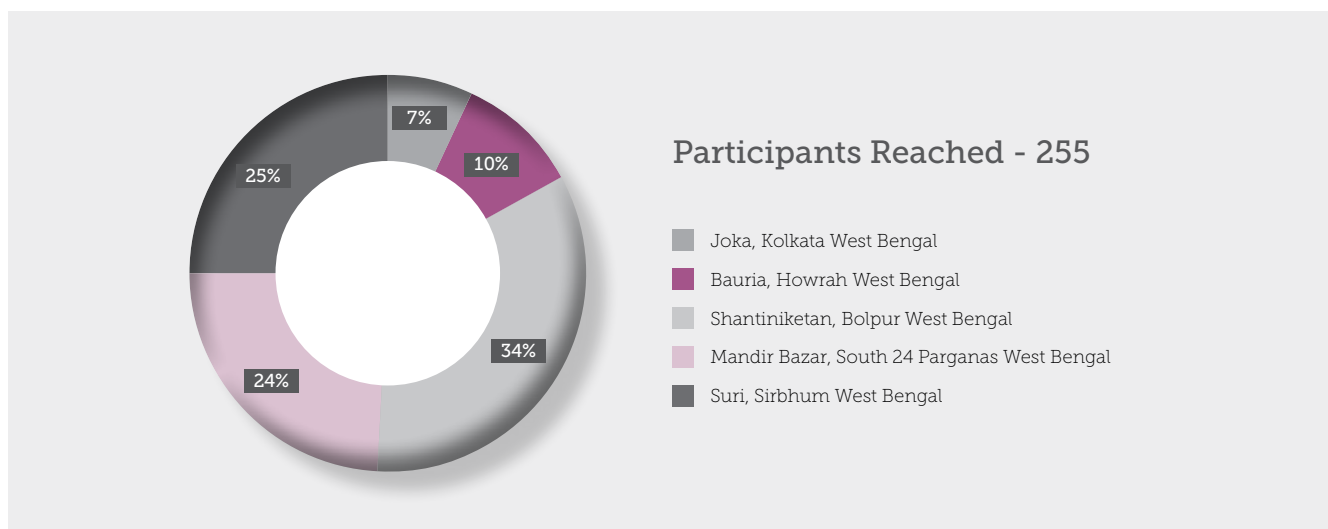
or emotional distress, to relax, release tension and connect their body and mind. Through group activities, they learned self-soothing techniques and gradually opened up, overcoming initial hesitation. The rapport-building activities fostered positive relationships

among participants, encouraging empathy and a deeper connection with themselves and their peers. These workshops were held across several locations in West Bengal, including Joka, South 24 Parganas, Shantiniketan, Suri and Howrah.



Reach of the Program:

Target Group	Direct Reach	State	Location
Adolescent girls	255	West Bengal	Joka, Kolkata
Women & young mothers			Bauria, Howrah
			Shantiniketan & Siuri, Birbhum
			Mandirbazar, South 24 Parganas



Impact of the Program:

Some of the significant positive impacts are as follows:

- Participants' coping mechanism improved as they embraced regular self-care practice increasing their ability to manage stress and emotions, fostering their well-being

- The DMT process fostered resilience, emotional healing and greater self-awareness, empowering individuals to enhance their mental health

- The collaborative partner reported that, through DMT sessions,

they could successfully engage remote tribal communities to confront cultural taboos

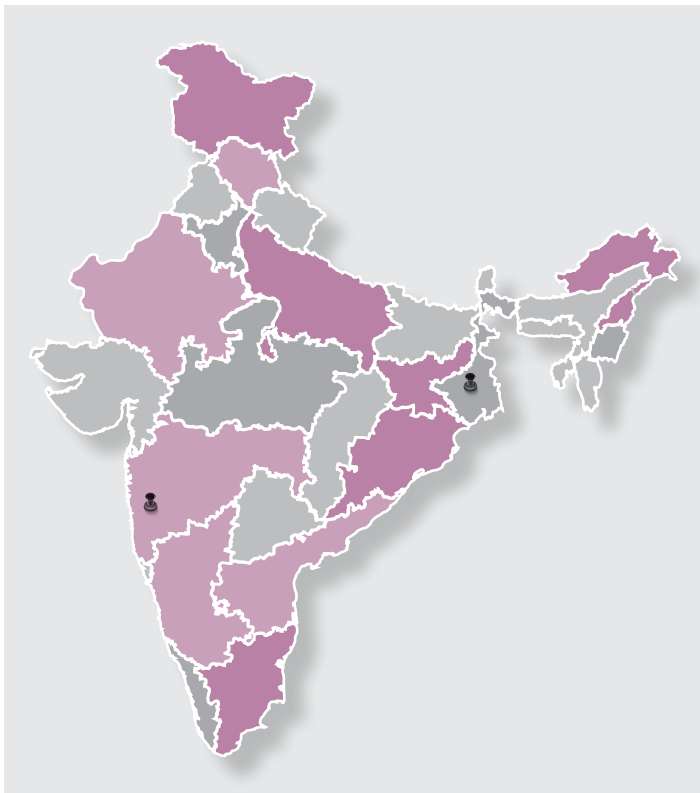
Trauma Healing & Recovery – Restoring Smiles through Dance

Program Overview: The Restoring Smiles Through Dance Project, aimed at trauma healing and recovery, has made significant progress in Maharashtra and West Bengal. This program addresses trauma, particularly sexual violence, focusing on women and girls from socially and economically marginalized backgrounds.

Kolkata Sanved's Dance Movement Therapy sessions empower

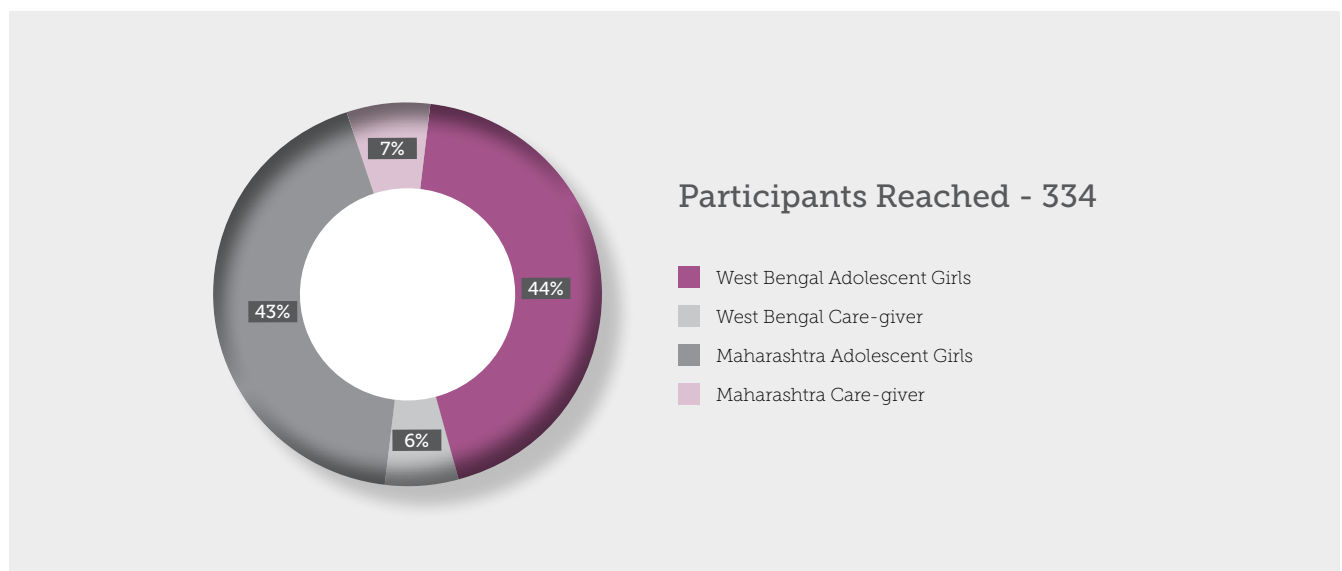
these individuals by building coping mechanisms through the creative outlets of dance and movement for emotional release and self-care. Identifying daily tasks and promoting self-care strategies further enhance their sense of routine and well-being. By integrating DMT and guided meditation, participants learn to understand their stressors and develop healthy coping

mechanisms. The program emphasizes strengthening inner resilience and coping with stress, while consistently highlighting the importance of self-care as a foundational element in their emotional and physical recovery process. The project primarily supports survivors of trafficking, child marriage and domestic violence, providing them with a path to recovery and resilience.



Reach of the Program:

Target Group	Direct Reach	State	Location
Adolescent girls	289 adolescent girls	West Bengal	Kolkata & Murshidabad
Care-givers of government CCIs	45 care-givers	Maharashtra	Thane



Impact of the Program:

Enhanced Coping Mechanisms:

Participants developed creative strategies for coping with trauma and adopted improved self-care practices. Both care-givers and participants gained better emotional regulation, helping them manage stress and emotions more effectively.

Capacity Building: Sessions for care-givers emphasized the

importance of stress management and self-care, empowering them to support residents more effectively in times of crisis. Additionally, 10 community volunteers (adolescent girls) from the locality were engaged to assist in facilitating the program. This initiative was a significant step, offering the volunteers an opportunity to explore leadership experience while contributing to the project's success.

Community Engagement:

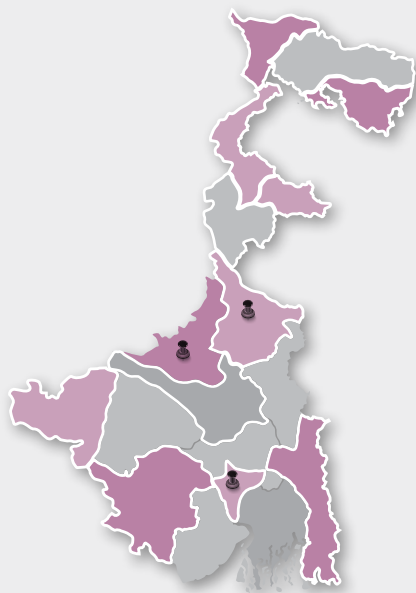
Family sensitization sessions encouraged a supportive environment for trauma survivors, enhancing the impact of the recovery process by bridging the gap between participants and their families. Awareness among family members also helped to increase the periphery of awareness about mental health and well-being practices.

Dance Movement Therapy Leadership Development Academy (DMTLDA)

Program Overview: The Dance Movement Therapy Leadership Development Academy (DMTLDA) is a pivotal initiative by Kolkata Sanved, aimed at psycho-social rehabilitation. This 18-month

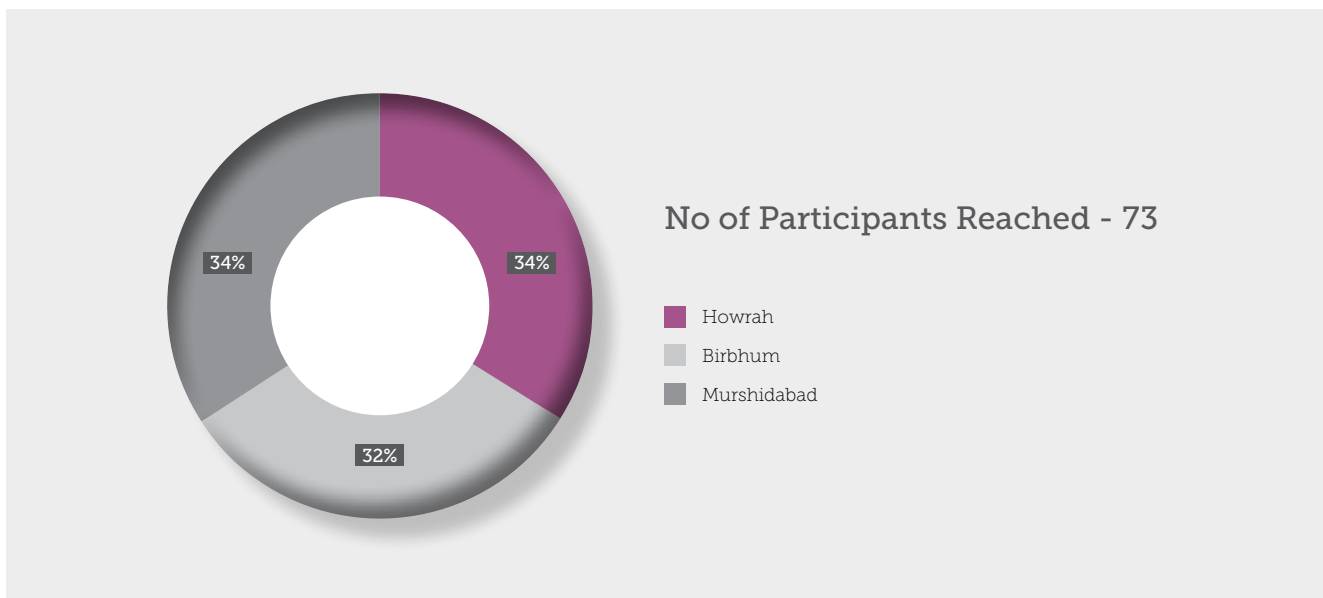
certification course, titled **Therapeutic Movement Facilitator**, is designed for grassroots youth and survivors aged 17 and above. The program is divided into two segments: the **Certificate in**

DMT Foundation for Life Skill Development (CDFC) at the basic level and the **Diploma in DMT Leadership & Practice (DDLDP)** at the advanced level.



Reach of the Program:

Target Group	Direct Reach	State	Location
Adolescent Girls & Boys (Youth)	73	West Bengal	Bauria, Howrah Shantiniketan, Birbhum Berhampore, Murshidabad



Impact of the Program:

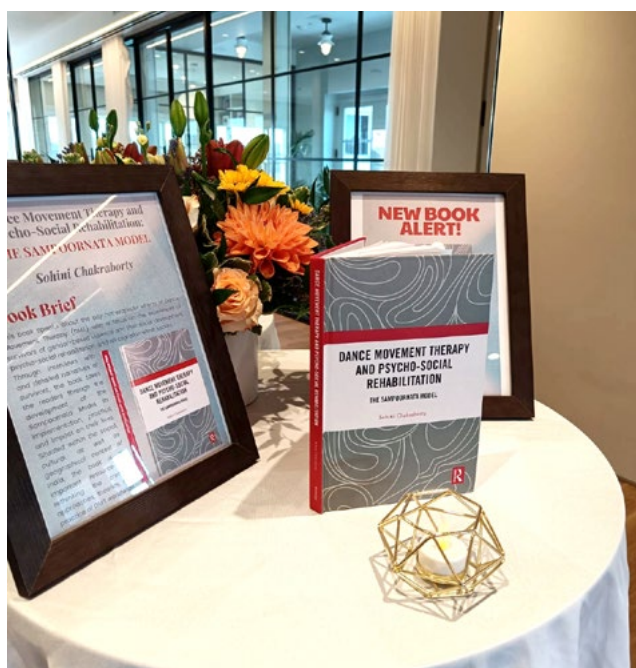
- ✿ Out of 73 participants, 62 completed the **Certificate in DMT Foundation for Life Skill Development (CDFC)** at the basic level
- ✿ 85% of the participants were regular attendees in spite of the fact that, coming from underprivileged communities with poor

socioeconomic backgrounds, they had no knowledge or idea about creative art therapy based on dance and movement

- ✿ With the completion of the first phase of the program, gradual changes became visible among the participants in terms of developing self-esteem and confidence, with

them taking leadership in voicing their concerns within their peer circle and communities

- ✿ The participants started focusing on improving their mental health and well-being through regular self-care practices



II. PREVENTIVE INTERVENTIONS



Sexual & Reproductive Health & Rights (SRHR), West Bengal

Program Overview:

The **Sexual Reproductive Health Rights (SRHR)** program empowers youth by educating them on sexual and reproductive health and rights engaging them through Dance Movement Therapy activities.

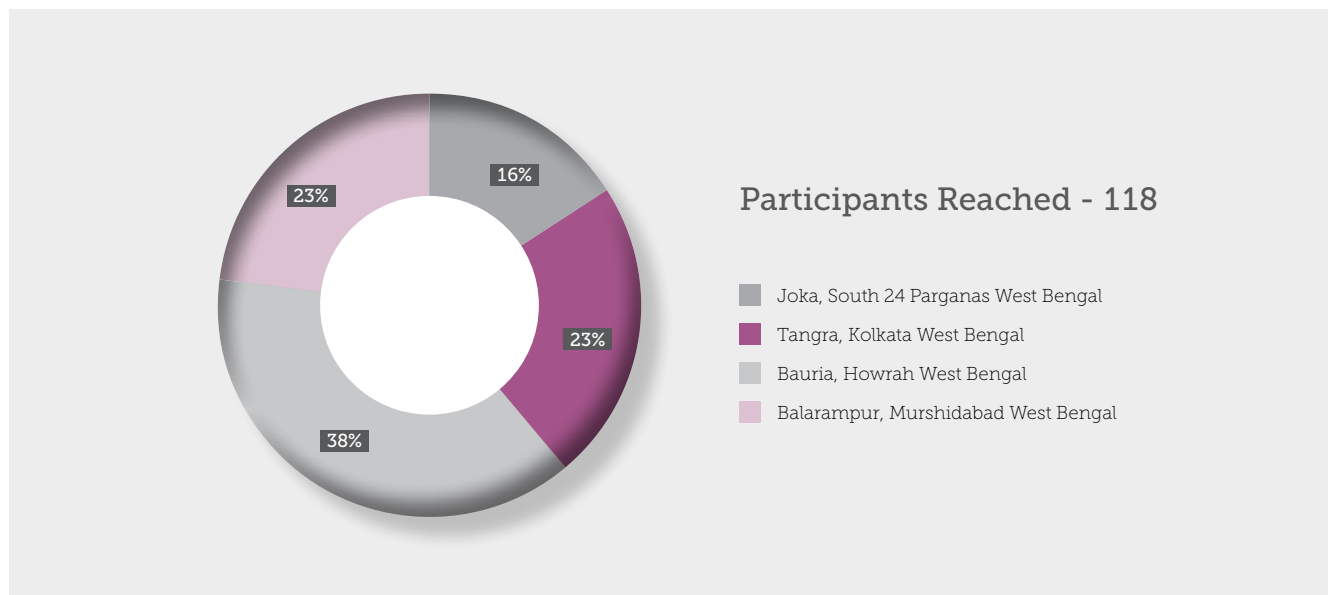
The program's primary objectives include raising awareness, dispelling myths and equipping participants with resources related to gender, sexuality, menstruation, safe sex and healthy relationships. Targeting children, adolescents and young women from

marginalized communities, the program combines movement-based activities, group activities, information sharing and audio-visual aids to foster an interactive learning experience. Participants gain a deeper understanding of body changes occurring during their adolescence period, menstrual health, hygiene and gender-related stressors. By fostering awareness and promoting well-being, the program equips participants with the awareness and skills to navigate knowledge about their sexual and reproductive health with confidence.



Reach of the Program:

Target Group	Direct Reach	State	Location
Adolescent Girls	118	West Benga	Kolkata
Youth			South 24 Parganas
Care-givers			Howrah Murshidabad



Impact of the Program:

✿ The SRHR program had a transformative impact on the participants, especially adolescent and youths coming from marginalized communities, empowering them with necessary knowledge about sexual and reproductive health through Dance Movement Therapy

✿ Primarily, the sessions enhanced body awareness and provided clarity on the differences between sex, gender and gender identity. The program also emphasized health and hygiene, particularly menstrual hygiene, enabling participants to adopt healthier practices. By addressing concepts like STIs and HIV, the program demystified these issues and equipped participants with tools for informed decision-making regarding their sexual and reproductive health

✿ The program helped the participants to distinguish between healthy and unhealthy relationships, fostering safer interpersonal connections. They gained a deeper understanding of safe sex practices, including essential protection and prevention strategies

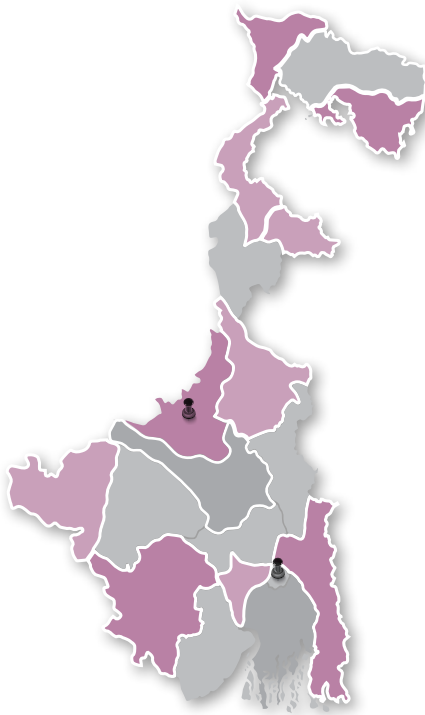
✿ The participants shared that the SRHR Program helped them become more attuned to their bodies and minds, teaching them the correct terminology for private body parts to seek medical assistance when needed. Additionally, the program played a key role in breaking down the stigma surrounding menstruation



Empowerment Program

Program Overview:

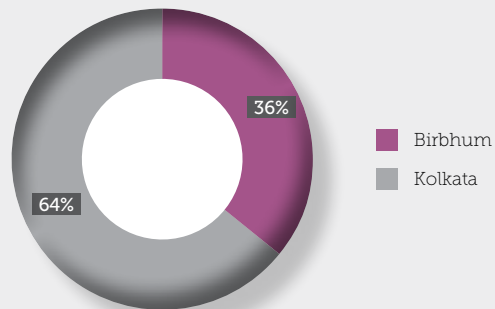
Since 2017, Kolkata Sanved in collaboration with the Empowerment Institute, has been conducting workshops across various locations in West Bengal, primarily focusing on empowering women.



Reach of the Program:

Target Group	Direct Reach	State	Location
Women from underprivileged community	70	West Bengal	Kolkata Birbhum

No. of Participants Reached - 70



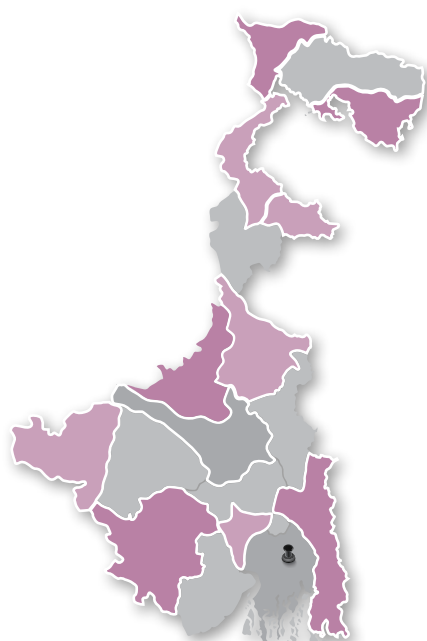
Impact of the Program:

✿ The Kolkata Sanved Empowerment team had the opportunity to get engaged in a knowledge exchange visit with a partner organization at Rajasthan. The insights gained during this visit were shared among team members and are now being integrated into their ongoing work

✿ During this year for the first time, the team organized workshops specifically for male participants, successfully engaging 18 individuals



Sampoornata Well-being Club



Program Overview:

The program aims to provide an alternative form of therapy to address the psycho-social and emotional needs of adolescent girls. It emphasizes on the shift from a remedial to a preventive approach, making it both accessible and adaptable for the target population and thus enhancing overall mental health and well-being.

The objective is to empower adolescent girls and youth by equipping them with the knowledge and skills to protect themselves and their communities from trafficking and gender-based violence. This involves promoting and strengthening community-based social structures to effectively support and implement anti-trafficking initiatives.

Reach of the Program:

Target Group	Direct Reach	State	Location
Adolescent Girls	659	West Bengal	10 Gram Panchayats at Mandirbazar block in South 24 Parganas
Youth leaders Parents Community people Local administration Local school teachers	1016		4 Gram Panchayats at Bishnupur II block in South 24 Parganas

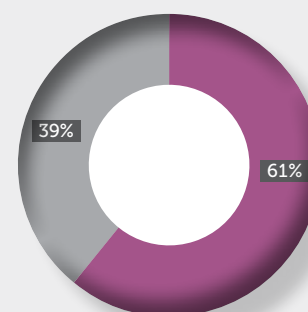
Impact of the Program:

- Adolescent girls from the community have learned the skills to maintain healthy mind and body through Dance Movement Therapy and thus promote well-being
- 16 youth leaders have been capacitated to take leading roles in raising voices against and taking initiatives to prevent gender-based violence in their community
- The community people have become aware of the therapeutic benefits of dance and movement and are accessing the services of the well-being centre. They are taking initiatives to incorporate the process in schools, social events and programs
- The family members of the adolescent girls have become

aware and vocal on issues related to trafficking and child marriage. They in turn are influencing others to build a stronger and more resilient community

- The local administration is playing a supportive role in initiating funds to support the career goals of emerged youth leaders. Venues have been provided by the local Panchayats for facilitation of DMT sessions for the girls and community people
- After attending the DMT based sensitization programs, local school teachers have started orienting their school students on the merits of DMT and also providing them with basic well-being tools

Direct Reach - 1675



- Bishnupur II
- Mandirbazar

III. PROMOTIONAL INTERVENTIONS

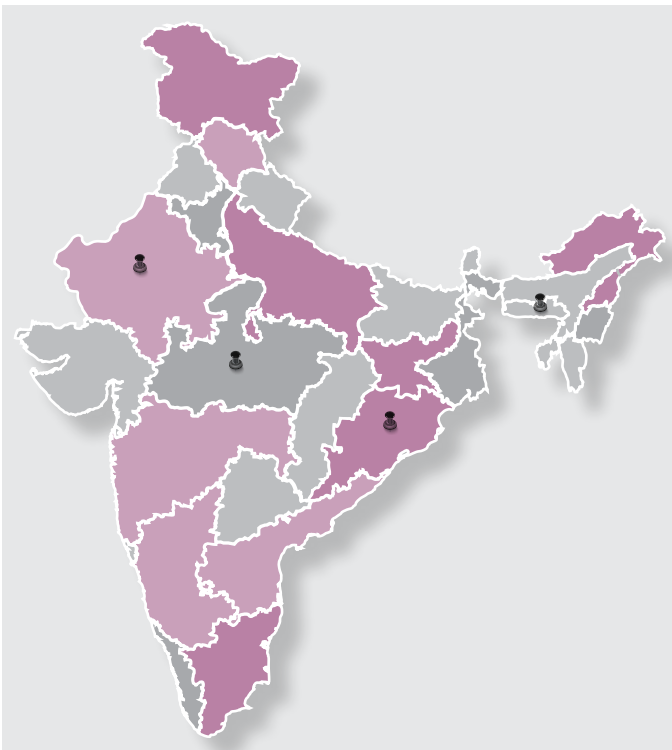


Building New Constituency

Program Overview: Training of Trainers (TOT) program - The main objective of the program is to develop Dance Movement Therapy

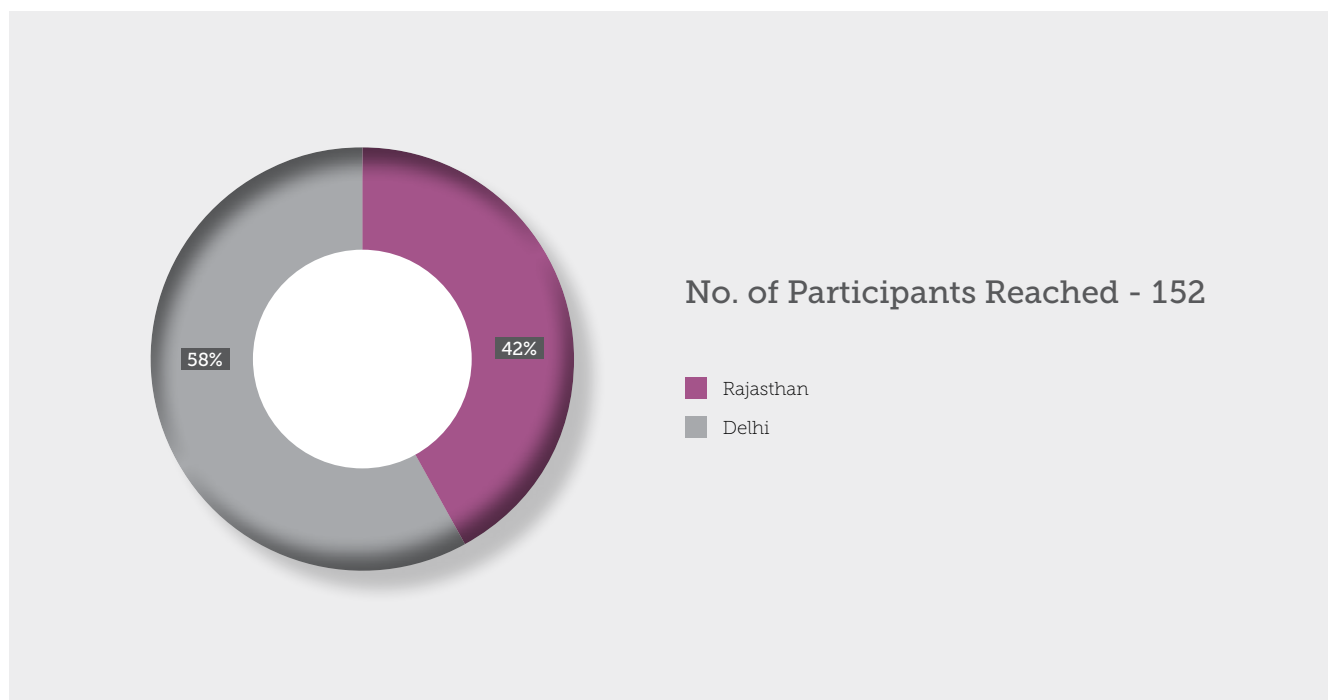
based movement practitioners who can implement DMT in different settings, improvising it based on the need of the population. Under

this program, Kolkata Sarved collaborated with 5 organisations PAN India.



Reach of the Program:

Target Group	Direct Reach	State	Location
Community youth	152	Meghalaya	Shillong
Social Workers		Rajasthan	Sawai Madhopur
		Odisha	Sambalpur
		Madhya Pradesh	Bhopal



Impact of the Program:

- 16 social workers from the Sawai Madhopur district of Rajasthan successfully completed the TOT program and are now equipped to facilitate DMT sessions in rural schools and communities throughout the district

- 9 participants from Shillong have completed their Phase II TOT training

- 16 youths from Western Odisha have also completed their

Phase II training in TOT and are presently undergoing the process of supervised internship in their respective communities, as a preparation prior to facilitating DMT sessions as movement practitioners independently

- 16 community leaders from Bhopal, who completed both Phase I and Phase II of the TOT training, are now regularly implementing DMT sessions with de-notified tribes

in their surrounding community in Bhopal. These communities, which experience higher rates of mental health issues and suicides, are finding DMT to be a vital tool for addressing these challenges

- 28 youth leaders, who had completed Phase I of their DMT-based positive masculinity training, participated in a two-day refresher session to reinforce their learnings

Diploma & Post-Graduation in Dance Movement Therapy (PG/DDMT)

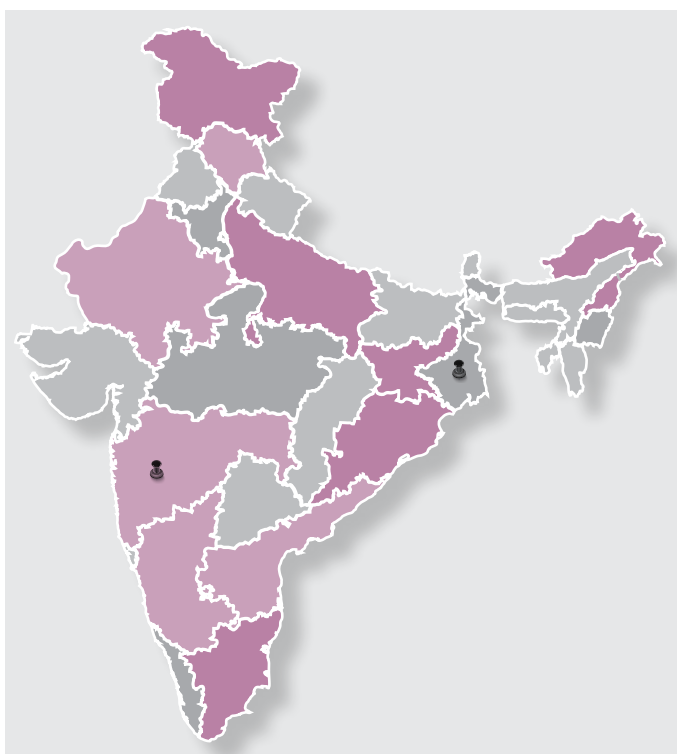
Program Overview: Kolkata Sanved in collaboration with Centre for Lifelong Learning (CLL) and Tata Institute of Social Sciences (TISS), Mumbai, have started their academic course on Dance Movement Therapy from August 2023, running

parallelly in Mumbai and Kolkata. This is a TISS affiliated Post Graduate course, with an exit option after Diploma level.

This year (April 2023 – March 2024), 33 students enrolled for **Diploma in Dance Movement Therapy (DDMT)**

among which 29 are taking classes at TISS, Mumbai and 4 in Kolkata.

The **Post Graduate Diploma in Dance Movement Therapy** had started from August 2023 with an enrollment of 22 participants.

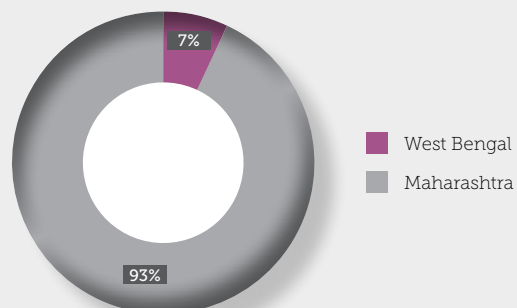


Reach of the Program:

Target Group	Direct Reach	State	Location
General Mass	55	West Bengal	Kolkata
		Maharashtra	Mumbai



Participants Reached - 55





Digital Archive

One consistent challenge in Asia has been the scarcity of accessible tangible resources on Dance Movement Therapy. Recognizing this gap, Kolkata Sanved has undertaken the initiative to create a

centralized space that consolidates all relevant documents related to DMT and Kolkata Sanved's 20-year journey, that can be accessible to all KS staff and those associated with DMT.

This comprehensive resource hub aims to bring together both hard and soft copies of pertinent documents. The plan involves a phased approach.

Dream Project - Creating the Centre for Creative Well-Being and Social Change

Eighteen years ago, Kolkata Sanved envisioned creating a space where individuals could express, heal and empower themselves, unlocking their true potential. This dream began with a firm belief in the transformative power of dance. The journey had major challenges, but our belief in our vision provided the strength, hope and energy to continue.

Today, we are turning that dream into action with the establishment of the **Centre for Creative Well-Being and Social Change**. Driven by our passion for using dance and the arts to transform lives, the centre will be a place where people can express themselves, heal, and

explore their creativity. It will serve as a hub for personal empowerment and well-being, where dance and the arts become powerful tools for facilitating individual growth and social change.

Building this dream has been an unpredictable journey. Some parts of it are now tangible, while others remain works in progress. Along the way, we've faced numerous hurdles that have tested our resolve. Challenges such as acquiring technical knowledge, navigating complex hiring processes, understanding government systems and dealing with delays in re-modelling due to statutory rules and regulations have slowed our

progress. Yet, these obstacles have also presented opportunities for growth.

Through these challenges, our team has strengthened its potential, reworked plans and continued in our journey, unwavering in our determination to bring the dream to fruition. While some aspects of our vision have had to evolve, our commitment to creating a space for expression, healing and empowerment remains steadfast. Together, we continue to move forward, turning setbacks into stepping stones towards realizing our goal.



EVENTS / WORKSHOPS / PERFORMANCES

Festival for Empowerment and Art for Life (FEAL)

FEAL, the **Festival for Empowerment & Art for Life** was organised by Kolkata Sanved in collaboration with a local art-based organisation located in Shantiniketan in March 2024. The festival was successful in engaging adolescent girls and women from the surrounding communities who accessed the space to understand how various creative art forms can contribute to their healing and well-being.

World Mental Health Day Celebration

Promoting Mental Health & Well-Being: To create awareness on mental health and well-being, Kolkata Sanved in collaboration with the Tata Institute of Social Sciences, (Mumbai), hosted a three-day workshop on Dance Movement Therapy from October 3rd to 5th 2023 with students who enrolled themselves for the Masters

Degree course in Social Work (Mental Health). In the workshop, 60 participants explored the mind-body connection and gained an understanding on alleviating stress and building emotional resilience.

To generate awareness among school students on mental health and well-being practices, Kolkata Sanved was invited by the Jaiprakash Institute of Social Change in collaboration with the District Child Protection Unit and the District Mental Health Program, to facilitate a DMT session at Sarat Sadan, Howrah on October 10th 2023, in observance of World Mental Health Day. The awareness session was facilitated by 250 students across 10 schools from the district.

International Women's Day Celebration

Inclusion: To honour International Women's Day and celebrate inclusion, Kolkata Sanved organized a week-long celebration of inclusion

from 12th to 16th March 2024, using Dance Movement Therapy to empower women across various communities.

Women's Day at Tollygunge Club (March 12th 2024): The celebration kicked off with an engagement of members and staff of Tollygunge Club in a DMT session. The session provided participants with a chance to reconnect with their bodies, release stress and reflect on the importance of self-care. The feedback was overwhelmingly positive:

✿ "It is so important to take care of ourselves; we women often forget to do so."

✿ "I feel like crying. It felt like someone took away my pain after the session."

Women's Day with Learning Mate (March 12th 2024): In collaboration with Learning Mate, Kolkata Sanved conducted a celebration by hosting



DMT sessions at both their Mumbai and Kolkata offices. The sessions focused on promoting emotional resilience and stress release. The participating women were able to explore their feelings in a safe space and got rejuvenated through movement.

Celebration at Pune's Contemporary Dance Centre (March 16th 2024): The final event was held at the Pune Centre for Contemporary Dance on March 16th 2024, where participants came together to experience the transformative benefits of Dance Movement Therapy. The session emphasized the importance of collective care, emotional healing and reclaiming one's sense of agency through the expressive power of dance.

Conferment Ceremony of PGDDMT Academy

Kolkata Sanved is proud to congratulate 25 students from the batch 2022 -2023 who have successfully completed their Diploma in Dance Movement Therapy. The ceremony was hosted at the Convention Centre of TISS, in collaboration with Centre for Lifelong Learning (CLL), School of Social Work (SSW), TISS Mumbai. We offer our gratitude and extend special thanks to Dr. D. S. Gangwar (retired I.A.S) for gracing the ceremony.



Human Rights Day Celebration

Celebrating Diversity

On December 10th 2023, the Diversity Utsav, organized by the Azad Foundation and Swayam, featured Kolkata Sanved taking center stage to deliver a performance that celebrated the themes of freedom and empowerment for all in honor of Human Rights Day.

Kolkata Sanved Foundation Day 2023

Ebar Unish

Kolkata Sanved celebrated its 19th Foundation Day **Ebar Unish** on April 28th 2023, at Triguna Sen Auditorium, Jadavpur University. The preparation started with a 9 day capacity building workshop on choreography creation with 15 team members from Kolkata Sanved, under the guidance of renowned choreographer, Nongmeikapam Surjit Singh from Manipur.

The programme started with the Kolkata Sanved's book launch **Jingle All the Way** by our Chief Guest Milinda Pavek, Consul General, U.S. Consulate and 2 of Kolkata Sanved's DMT Practitioners, Sabia Mufty and Suktara Khatoon.

This was followed by a panel discussion on the book published. The book was based on the journey and learning experience of Kolkata Sanved's **Dance Movement Therapy Leadership Development Academy**

(DMTLDA) program. Members present in the panel were Kolkata Sanved's founder director, head of programmes, head of DMTLDA, course director of DMTLDA as the writer and the designer of the book. The panel was moderated by Dr. Umimala Sarkar Munsii - professor for arts and aesthetics, Jawaharlal Nehru University, Delhi. Interactive sessions were held with the audience on the need and experience of the program journey which led to the creation of the book.

The programme's main attraction was a presentation made by the Kolkata Sanved team which showcased the journey of the organization over the span of 19 years.

Celebrating Expressive Arts

A Collaboration with Aroho Utsab:

On July 6th 2023, Kolkata Sanved partnered with Aroho Academy, a leading organization in music and expressive arts, to present a captivating dance drama inspired by the works of Tagore. This event, held at Rabindra Sadan for their second annual celebration, beautifully intertwined art and music. Approximately 200 students from Aroho Academy, alongside renowned singer Srikanta Acharya, showcased their talents, creating a vibrant and unforgettable experience.

AWARENESS CAMPAIGNS

Collective Action Against Human Trafficking

On July 26th 2023, Kolkata Sanved partnered with SPMUS in Murshidabad to organize an awareness generation event in recognition of the World Day Against Trafficking in Persons. The event was chaired by Smt. Sudeshna Roy, the honorable chairperson

of WBCPCR, who emphasized the importance of collective community actions to combat trafficking, urging attendees to “stay alert, aware and take preventive measures together.”

Awareness Drive Against Violence

From November 23rd to December 10th 2023, Kolkata Sanved initiated

a two-week drive, focused on raising awareness on prevention of violence against women and girls. Through theme-based impactful performances staged in public spaces, the team conveyed a strong message to raise one’s voice against violence.



IV. ORGANIZATION STRENGTHENING



Evidence Generation

Research on Scope of DMT in an Urban Setting: A study in Mumbai & Kolkata

In collaboration with CLL-TISS, Kolkata Sanved initiated a study titled **Scope of DMT in an Urban Setting: A Study in Mumbai & Kolkata** to critically assess the Dance Movement Therapy program curriculum and explore its potential in urban settings. Conducted in two phases, the research aimed to strengthen both the curriculum and

its practice. Phase I, completed in 2023, involved gathering qualitative data and performing content analysis. Its objectives included collecting feedback from graduates of the **Diploma in DMT (DDMT)** Program on the program's impact on their personal and professional growth. Additionally, insights from faculty members were sought to understand the relevance of DMT in addressing current social issues and improving the well-being of diverse populations.

Interviews were conducted with 28 DDMT alumni from the 2016-2021 batches, selected using purposive sampling, and 11 faculty members with deep ties to Kolkata Sanved. Seven broad themes and 30 sub-themes were identified from the alumni data, while five key themes and 17 sub-themes emerged from insights of the faculty. Content analysis of student fieldwork and profiles is ongoing, with the final report of Phase I and data collection for Phase II still in progress.

Capacity Building Trainings

In-House Capacity Building Trainings

Training on Project Management: A capacity-building workshop, held in partnership with Startup and University Foundation in July 2023, focused on empowering the next generation of leaders within our organization. The training provided invaluable insights into project management, emphasizing the

importance of people, processes, and strong leadership. Over four days, participants gained valuable knowledge and skills that transcended mere tasks and embraced holistic leadership practices. We extend our heartfelt thanks to Startup and University Foundation for enabling this transformative learning experience, which brought about significant growth and exploration.

Training on Cyber Safety: The 3 days training in July 2023 focused on digital security, gender and technology. The workshop helped the participants to think critically about their own relationships with technology, digital privacy and security. They gained an overview of secure browsers and messaging apps for communication. Most importantly, participants developed an understanding of the shapes



and forms that online gender-based violence and harms can take; 'phygital' implications of these harms including gendered misinformation/disinformation and some strategies to respond to these were dealt with. Based on the lived experiences of digital spaces, participants got an understanding of the interconnections of digital and mental/emotional well-being, explored strategies for well-being in their digital use, and envisioned their personal tool kits.

Training on Gender, Sexuality, Masculinity and Prevention of Sexual Harassment at the workplace: 2 members of Kolkata Sanved participated in a 3 days training program in Jaipur on understanding the basic concepts around gender, sexuality and masculinity. They gained awareness about diverse identities and issues related to gender discrimination and sexual rights. The training addressed gender-based violence and its connection with sexual harassment to clarify essential requirements for prevention and redress of sexual harassment and

gender discrimination at the work place. It helped the participants to understand sexual harassment, how we create a positive and safe work space and systems to ensure prevention and to address complaints.

Training on Child Rights & Protection: Based on the need of the program implementing team, monthly in-house capacity building training sessions on Child Rights and Protection was conducted by in-house staff on the basic understanding of CNCP, CCI and its types, CWC and their roles and responsibilities. These sessions helped the team to understand the context of the target population with whom they work and accordingly cater to their needs while implementing DMT sessions.

Theatre Sessions: The in-house drama session with practitioners and staff focused on exploring emotions through various creative techniques such as characterization, improvisation and observation. Participants enhanced their observation skills by practicing concentration and expressing

emotions with words. The session included exercises on diaphragm breathing, facial expressions and voice modulation, helping participants to connect their bodies with poetry. Reading practice through poetry further refined their ability to convey emotions, while exploring different characters deepened their understanding of expression and performance. Overall, the session aimed to foster creative growth and emotional expression through these dynamic practices.

Sessions on Group Development: The Group Development (GD) process undertaken by Kolkata Sanved began in November 2023. This initiative seeks to promote the overall well-being and growth of the organization. The GD process evolved from personal growth (PG) sessions that were initially focused on individual well-being but expanded over time to address more complex organizational and inter-group challenges. The sessions are on-going, adding value to the growth process of the individuals as well as the organization

ADMIN & FINANCE

Kolkata Sanved Partners

- American Center, Kolkata
- Arthshila
- Antaranga
- British Council India
- Bhiwandi Observation Home, Thane
- Centre for Lifelong Learning, School of Social Work, Tata Institute of Social Sciences
- Creative Movement Therapy Association of India
- Department of Women and Child Development, Government of West Bengal
- Directorate of Child Rights and Trafficking, West Bengal
- Empowerment Institute, USA
- Ghare Baire Museum
- Global Alliance Against Traffick in Women (GAATW)
- Jeevika Development Society
- Karm Marg, Faridabad
- Kshamata, Thane
- Gramin Siksha Kendra, Rajasthan
- Manab Jamin, Birbhum
- Nari O Sishu Kalyan Kendra, Howrah
- Nirmala Niketan College of Social Work, Mumbai
- One Billion Rising, India
- Samikshani
- Azad Foundation
- COCD, Pune
- Sunderban Social Development Centre (SSDC), South 24 Parganas
- Suprava Panchashila Mahila Uddyog Samity (SPMUS), Murshidabad
- Swayam
- Tata Institute of Social Sciences, Mumbai
- Terre Des Hommes (TDH)
- West Bengal Commission for Protection of Child Rights (WBCPCR)
- World Dance Alliance, Asia Pacific
- Sancheti Health Care Academy, Pune
- ABHAS, Delhi
- Goethe Institut, Max Mueller Bhavan, Mumbai
- Patang, Odisha
- Faith Foundation, Shillong
- Vishakha
- Amplo Global





Kolkata Sanved Support Community

- AWO International
- Azim Premji Philanthropic Initiative (APPI)
- Blossomy Project
- Bright Foundation
- CAF America
- EMpower
- Empowerment Institute, USA
- Human Capability Foundation
- Hopewell
- Learning Mate
- Trisys
- Vital Voices Global Partnership Inc
- We Trust
- World First for Training and Research Global Education Trust (TARGET)
- West Bengal Commission for Protection of Child Rights (WBCPCR)

Kolkata Sanved Individual Supporters

- Aditi Sen
- Anuradha Mukherjee
- Arindam
- Chironjoy Sen
- Kankan Sen
- Leena Godiwala
- Rajratna Sen
- Sandip Kanta Mukherjee
- Tejash Datta
- Urmi Sengupta





Kolkata Sanved Governing Body

Sl.	Name	Role
1	Bhaswati Ghosh	President
2	Dr. Sohini Chakraborty	Secretary
3	Anuradha Mukherjee	Treasurer
4	Dr. Urmimala Sarkar Munsii	Executive Member
5	Sreeja Debnath	Executive Member
6	Sohini Bhattacharya	Executive Member
7	Dr. Bipasha Roy	Executive Member

Team Members

- | | | |
|---------------------------|-------------------------|-------------------------|
| 1. Anwari Begum | 11. Namrata K Kanuga | 21. Sriyanka Roy |
| 2. Bithika Roy | 12. Neha Sarkar | 22. Subhojit Das |
| 3. Dipali Das | 13. Tripti Mukherjee | 23. Sukanya Paramanik |
| 4. Durga Madhar | 14. Rinki Somani | 24. Suktara Khatun |
| 5. Jharna Naskar | 15. Sabia Mufti | 25. Surajit Mukherjee |
| 6. Jhulan Mondal | 16. Sabita Debnath | 26. Suvra Chakraborty |
| 7. Jhuma Das | 17. Samita Bhattacharya | 27. Swapan Sardar |
| 8. Mehraj Khatun | 18. Sandhya Das | 28. Tilottama Chowdhury |
| 9. Mou Ghosh | 19. Sandhya Karmakar | |
| 10. Moumita Bhattacharjee | 20. Sobha Pahari | |



CONSULTANTS

- Alisha George Pinto
- Arpita Chauri
- Dr. Ishita Mazumdar
- Kozhumadassary Georit
- Jayanti Halder
- Keisha Lobo Rodrigues
- Krupa Parin Doshi
- Nandalal Jha
- Rajyashree Datta
- Poulomi Pal
- Rakhi Chakraborty
- Rita Pramanik
- Rumela Mukherjee
- Sabitri Sanyal
- Sejal Bhatt
- Sima Mal
- Smritikana Mondal
- Snehal Mohan Gaikwad
- Srabasti Ghosh
- Sruthi Suresh Iyer
- Sultana Khatun
- Swaha Mitra
- Tanushree Naskar
- Tapashi Naskar
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- Rhea Kaikobad
- Alope Majhi
- Auritra Ghosh
- Shubham Srivastav,
- Anima Biswas
- Rashmi Botra
- Salil Kumar
- Indrani Mukherjee
- Neenu Vinod Kaipally

FACULTY

- Aeshna Seal
- Alice Laing
- Angira Chakraborty Dasgupta
- Bhavisha Dedhia
- Dr. Aditi Bandhopadhyay
- Dr. Arna Seal
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- Madhura Nagchoudhari
- Martina Piff
- Maya Sen
- Mayuri Kirit Mandir
- Natasha Agarwal
- Renelle Andrea Snelleszk
- Shalaka Sisodia
- Shuktara Lal
- Tanvi Bajaj
- Zankhana Joshi
- Samata Biswas
- Proiti Roy



ADVISORS

- ❖ Bonnie Bernstein
- ❖ Dr. Chandrani Dasgupta
- ❖ Dr. Nilanjana Sanyal
- ❖ Dr. Rer. Medic. Marianne Eberhard-Kaechele
- ❖ Dr. Sabiha Vasi
- ❖ Dr. Samrat Sengupta
- ❖ Prof. Dr. Lata Narayan

VOLUNTEERS / INTERNS

- ❖ Aditi Mehta
- ❖ Ayesha
- ❖ Georit George
- ❖ Nikhil Mehta
- ❖ Rigbed

AUDITORS' REPORT

We report that we have examined the Balance Sheet of KOLKATA SANVED,(LOCAL & FOREIGN CONTRIBUTION) Registered office at 100/76, Jessore Road, Bhagabati Park, DumDum, Kolkata-700074, and City & Correspondence Office: at Poulami Apartment,Flat -2C, 23-B, JATIN BAGCHI ROAD; KOLKATA - 700 029.,as at 31st. March, 2024 and the Income & Expenditure Account and the Receipts & Payments Account for the year ended as on that date, all annexed hereto. These financial statements are the responsibility of the management of the Society. Our responsibility is to express an opinion on these financial statements based on our audit.

We conducted our audit in accordance with the auditing standards generally accepted in India. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. An audit includes examining on a test basis, evidence supporting the amounts and disclosure in the financial statements. An audit also include assuring the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that our audit provides a reasonable basis for our opinion.

In our opinion, proper books of account have been kept by the Society so far as appears from our examination of those books. The Balance Sheet, the Income & Expenditure

Account and the Receipts & Payments Account dealt with by this report are in agreement with the Books of Account.

We have obtained all the information and explanations which to the best of our knowledge and belief were necessary for the purpose of audit.

In our opinion and to the best of our information and explanations given to us, the said accounts give a true and fair view :

- a. in the case of the Balance Sheet of the state of affairs of the above named Institution of their Local & Foreign Contribution Account as at 31st. March, 2024; and
- b. in the case of the Income & Expenditure Account, of the excess of Expenditure over Income for their Local Contribution Account and excess of Income over Expenditure for their Foreign Contribution Account for the year ended as on that date.

For **GAUTAM BASU & CO.**
Chartered Accountants
FIRM REGISTRATION No. : 313010E

(GAUTAM BASU)
Partner

Membership No. 050924

Date: September, 2024

UDIN: 24050924BKASIQ1535

INCOME & EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31ST MARCH, 2024 (LOCAL & FOREIGN CONTRIBUTION)

	Amount (Rs.) (FC)	Amount (Rs.) (Local)	Consolidated Amount (Rs.)		Amount (Rs.) (FC)	Amount (Rs.) (Local)	Consolidated Amount (Rs.)
b/d	11962840.54	3738962.00	15701802.54	b/d	17292270.18	8481589.78	25773859.96
AWO International							
Training and Advisory Measure	1842220.00						
Personnel & Infrastructure	915845.00						
Preparation/Support/ Evaluation	81947.00		2840012.00				
General (FC)							
Program Cost	22655.00						
Program Support Salary	657058.00						
Administrative Cost	69328.09		749041.09				
KS Own Fund							
Program Cost	44995.00						
Program Salary	862474.00						
Admin Salary	320000.00		1227469.00				
DDMT 21							
Administrative cost		116159.00					
Programe Cost		382746.00	498905.00				
General (Local)							
Administrative Expenses		1688496.00					
Program Cost		333628.00					
Program Support cost		64824.00	2086948.00				
WBCPCR							
Study on Assesing at Govt CCI Gap & Impact on Mental Health							
Program cost		76146.00	76146.00				
Other Project expenses							
Administrative Cost		126.00					
Program cost		54173.00	54299.00				
LEARNING MATE							
Program cost (DMTLDA)		1548436.00					
Program Salary		879445.00					
Administrative Cost		409937.00	2837818.00				
Depreciation	258063.00	80278.00	338341.00				
Surplus / (Deficit)	254844.55	(891766.22)	-636921.67				
	17292270.18	8481589.78	25773859.96		17292270.18	8481589.78	25773859.96

As Per Our Report Annexed
for GAUTAM BASU & CO.
Chartered Accountants
Firm Registration No. : 313010E

As Per Our Report Annexed
for GAUTAM BASU & CO.
Chartered Accountants
Firm Registration No. : 313010E

(GAUTAM BASU)
Partner

(GAUTAM BASU)
Partner

Place : Kolkata
Date : . September, 2024

Membership No. : 050924
UDIN: 24050924BKASIQ1535

Membership No. : 050924
UDIN: 24050924BKASIQ1535

RECEIPTS AND PAYMENTS ACCOUNT

FOR THE YEAR ENDED 31ST MARCH, 2024 (LOCAL & FOREIGN CONTRIBUTION)

	Amount (Rs.) (FC)	Amount (Rs.) (Local)	Consolidated Amount (Rs.)		Amount (Rs.) (FC)	Amount (Rs.) (Local)	Consolidated Amount (Rs.)
RECEIPTS				PAYMENTS			
Opening Balances :				Human Capability Foundation			
Cash in Hand (F.C)	59385.52	0.00	59385.52	Program cost	3557322.00		
Cash in Hand(LC-448)		11401.00	11401.00	Program support cost	53937.00		
Cash (LC-848)		2069.29	2069.29	Administrative Expenses	253183.00		3864442.00
State Bank of India (40070280305)	3477990.40	0.00	3477990.40	We Trust			
Axis Bank (A/c No.922010054072354)	14002630.00	0.00	14002630.00	Admin cost	106584.00		
Indian Bank (A/c No.6860471932)	0.00	0.00	0.00	Programme Cost	617081.00		
Indian Bank (A/c No. 448762506)	0.00	463020.09	463020.09	Programme Staff Salary	0.00		723665.00
Indian Bank (A/c No.6795777330)	0.00	841329.22	841329.22	World First for Training & Reaserch			
Indian Bank (A/c No.848043654)	0.00	1659849.79	1659849.79	Global Education Trust			
Grant Account :				Admin Cost	17973.88		
Grant Received From Human Capability Foundation	4194159.00		4194159.00	Personal	845925.00		
Grant Received for Charity Aid Foundation	4164248.50		4164248.50	Programme Cost	8850.00		872748.88
Grant Received From World First for Traning & Research Global Education Trust	2558213.00		2558213.00	Azim Premji Philantropic Initiavies(APPI)			
Grant Received From Hopewell fund	2043500.00		2043500.00	1.Salary and Benefit		2550218.00	
Grant Received From Blossmy	489096.00		489096.00	2. Office Administation cost		258660.00	
Grant Received from Bright funds	164087.73		164087.73	3. Travel and Related Exp.		9161.00	
Grant received from AWO International for SFF project	3148629.21		3148629.21	4. Audit,Evaluation and Learning		106890.00	
Grant received from Human Capability Foundation - Dream Project	1061012.00	0.00	1061012.00	5. Programme related Exp		814034.00	3738963.00
Grant Received from Learning mate		3700000.00	3700000.00	WBCPCR			
Grant from Reaserch Project from West Bengal Commission for Protection for Child Rights (WBCPCR)		325773.00	325773.00	Study on Assessing at Govt. CCL Gap & Impact on Mental Health			
Grant received from Azim Premji Philantropic Initiatives (APPI)		6277000.00	6277000.00	Programme Cost		76146.00	76146.00
c/d	35362951.36	13280442.39	48643393.75				
				c/d	5460855.88	3815109.00	9275964.88

RECEIPTS AND PAYMENTS ACCOUNT

FOR THE YEAR ENDED 31ST MARCH, 2024 (LOCAL & FOREIGN CONTRIBUTION)

	Amount (Rs.) (FC)	Amount (Rs.) (Local)	Consolidated Amount (Rs.)		Amount (Rs.) (FC)	Amount (Rs.) (Local)	Consolidated Amount (Rs.)
b/d	35362951.36	13280442.39	48643393.75	b/d	5460855.88	3815109.00	9275964.88
Interest Received				CAF AMERICA			
Interest from FD/ SB Bank A/C.	576762.00	144041.00	720803.00	Program cost	1910450.00		
Interest on IT refund	0.00	23030.00	23030.00	Program salary	678853.00		
Other Project Receipt		607666.00	607666.00	Organisation Capacity building	126479.00		
Other donation		13001.00	13001.00	Flexible program cost	191503.00		2907285.00
Donation as per 10BD		926000.00	926000.00	HOPE WELL FUND			
Gratuity	184612.00	63608.00	248220.00	Program Cost	378885.00		
TDS (Refund)		164058.00	164058.00	Program support cost	0.00		
Security Deposit		5000.00	5000.00	Program salary	0.00		
				Admin Cost	151598.00		530483.00
				Dream Project - HCF			
				Implementation	115743.00		
				Bank Charges	2180.00		117923.00
				General (FC)			
				Program Cost	22655.00		
				Program Support Salary	657058.00		
				Administrative Cost	69328.09		749041.09
				KS Own Fund			
				Program Cost	44995.00		
				Program Salary	862474.00		
				Admin Salary	320000.00		1227469.00
				Empower			
				Administrative cost	413340.00		
				Program Cost	1133295.68		
				Salaries	1379655.00		2926290.68
				LEARNING MATE			
				Program cost (DMTLDA)		1533436.00	
				Program Salary		879445.00	
				Administrative Cost		399937.00	2812818.00
				DDMT 21			
				Administrative cost		116159.00	
				Program Cost		382746.00	498905.00
c/d	36124325.36	15226846.39	51351171.75	c/d	13919347.65	7126832.00	21046179.65



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